My Story ~

My name is Mary Olson and I have suffered from severe plaque psoriasis for more than 50 years. During this time, I sought out many doctors and dermatologists seeking help for my condition. Over the years, I have been prescribed chemo drugs, Puva light treatments and every pill, salve and ointment to come across the doctor's desks. Often these treatments would work, but only for a brief period of time and the side effects were often worse than the disease.

About 25 years ago, after hearing about the wonderful healing minerals in Soap Lake, I decided to give it a try. Initially I only stayed at the lake for a weekend, but was amazed to see the difference that bathing in the lake made on my skin. That was it, I was hooked!

Ever since that weekend I have come to the lake for healing. When I arrive my psoriasis cover about 70% of my body. At the end of my two week stay, my skin is smooth, clear and beautiful! It is an amazing transformation! However, it isn't gone for good and it slowly starts to return three to four months after I return to my home, but they are wonderful psoriasis free months!

Based on my experiences at the lake, I have written a protocol for skin diseases and would love for you to be a part of the study. But even more than being a part of the study, I would love for you to come to Soap Lake and witness for yourself the change the mineral water can make on your skin. If you have any questions, please feel free to contact me.

Mary

What brings you to Soap Lake?

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Please take a moment and tell us "YOUR" story ~

May We Contact You?

Name & Address

Protocol Information ~

Felicity Erdmann and Mary Olson from Wedgwood Healing Center, and current members of the Soap Lake Wellness and Research Center Committee, are currently looking for volunteers to help with an ongoing protocol study for people suffering from skin disease, i.e. psoriasis, eczema, etc.

The protocol consists of using the Soap Lake water externally for a period of two weeks. This study can be done in the summer utilizing the water, lake mud and sun, or winter months with the lake water only.

The study requires that you have a note from your doctor stating your type of skin disease. Also, we have a brief daily journal and short questionnaire for you to fill out. Before and after pictures of your skin will be very beneficial for us and will help to document your healing journey.

The information will then be compiled and used as a tool for more research into the healing properties of the lake. This is a very vital component in the possibility of bringing a much needed Wellness and Research Center to Soap Lake.

Please consider being a part of our study. Protocol packets are available at The Healing Water Spa, 318 Main Street in Soap Lake or by contacting either Felicity or Mary (contact information is listed on the back of this brochure).

If the protocol isn't feasible for you, please take a moment and jot us a note and tell us why you come to the lake and if you have received any healing or benefit from it.

Thanks so much for your help!

Felicity and Mary
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